

**REHABILITATION
AMELIORÉE EN
CHIRURGIE
COLORECTALE
» LE POINT DE
L'ANESTHESISTE**

ILAR 16/06/2018

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Hôpitaux privés de Metz



Il était une fois... ➤



NIAS PRAGUE 2017 : Un échange »

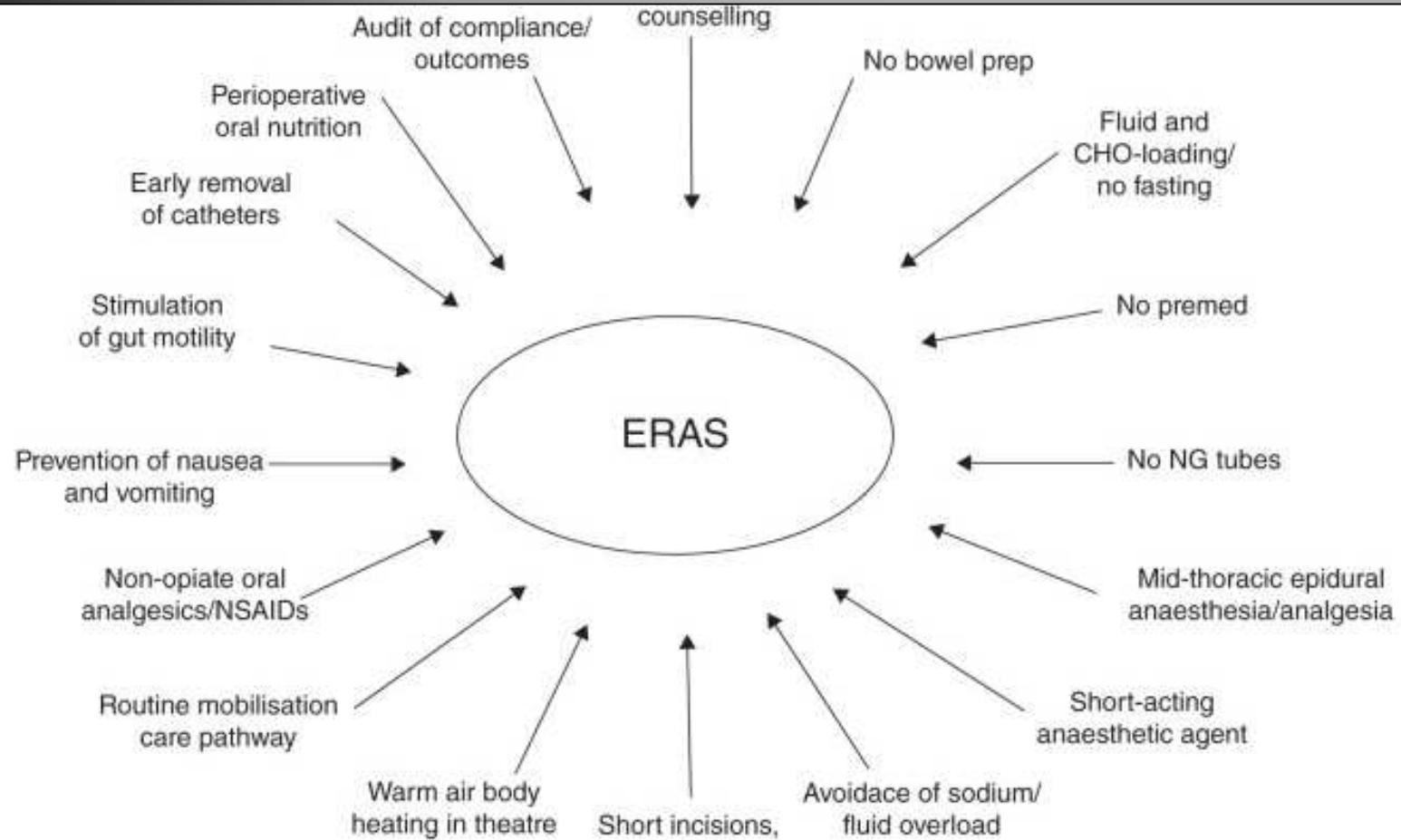
Un choc...



17 MILLIONS D HABITANTS
AGE MOYEN 42/44 ANS
41 530 KM²



67 200 000 HABITANTS
AGE MOYEN 39/42 ANS
643 800 KM²



ERAS society ➤

Un cercle vertueux

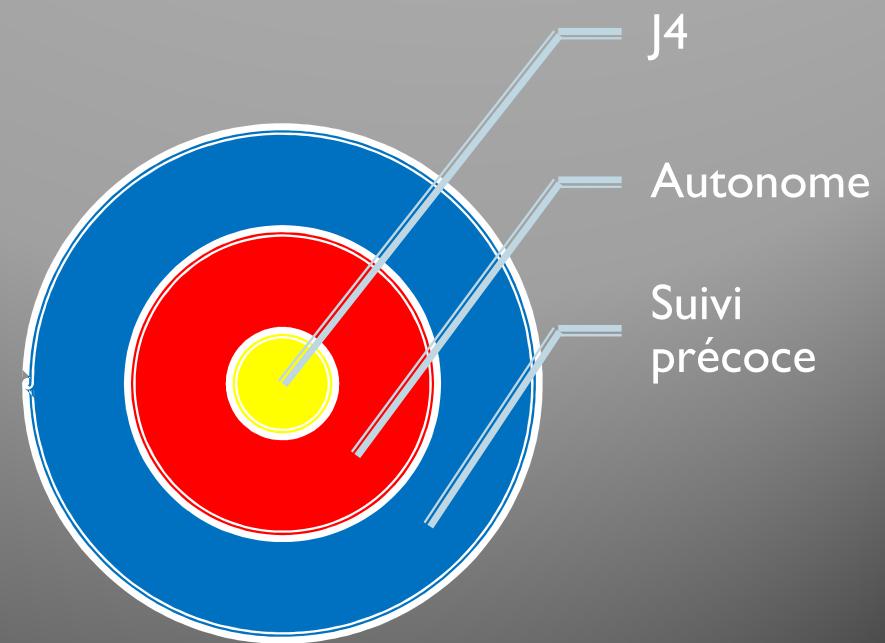


DES PROJECTIONS

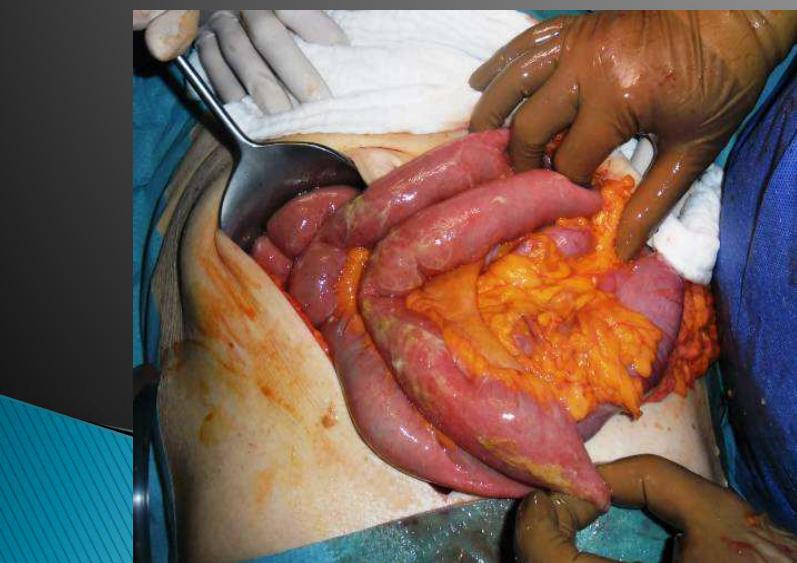


- ▶ Rédaction de protocole
 - Chirurgical
 - Anesthésique
- ▶ Mise en application
- ▶ Peu de concertation
- ▶ Développement laborieux

Un objectif



Un constat



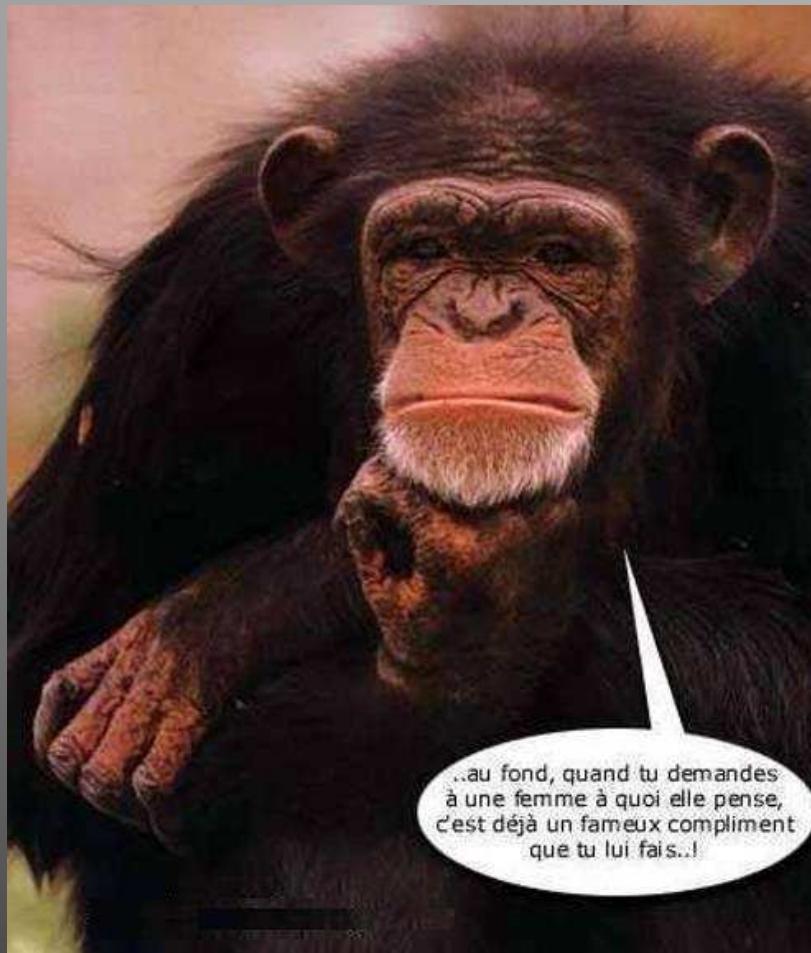
- ▶ J4 alité, perfusé
- ▶ Plutôt J10
- ▶ **Readmission destination and risk of mortality after major surgery: an observational cohort study**
- ▶ Dr Benjamin S Brooke,
Published: 17 June 2015

THE LANCET

E-cigarettes:
"Public Health England claims that it protects and improves the nation's health and wellbeing. To do so, it needs to rely on the highest quality evidence. On this occasion, it has fallen short of its mission."



Une réflexion



..au fond, quand tu demandes
à une femme à quoi elle pense,
c'est déjà un fameux compliment
que tu lui fais...!

En consultation



Chirurgicale

- Exhaustive



Anesthésique

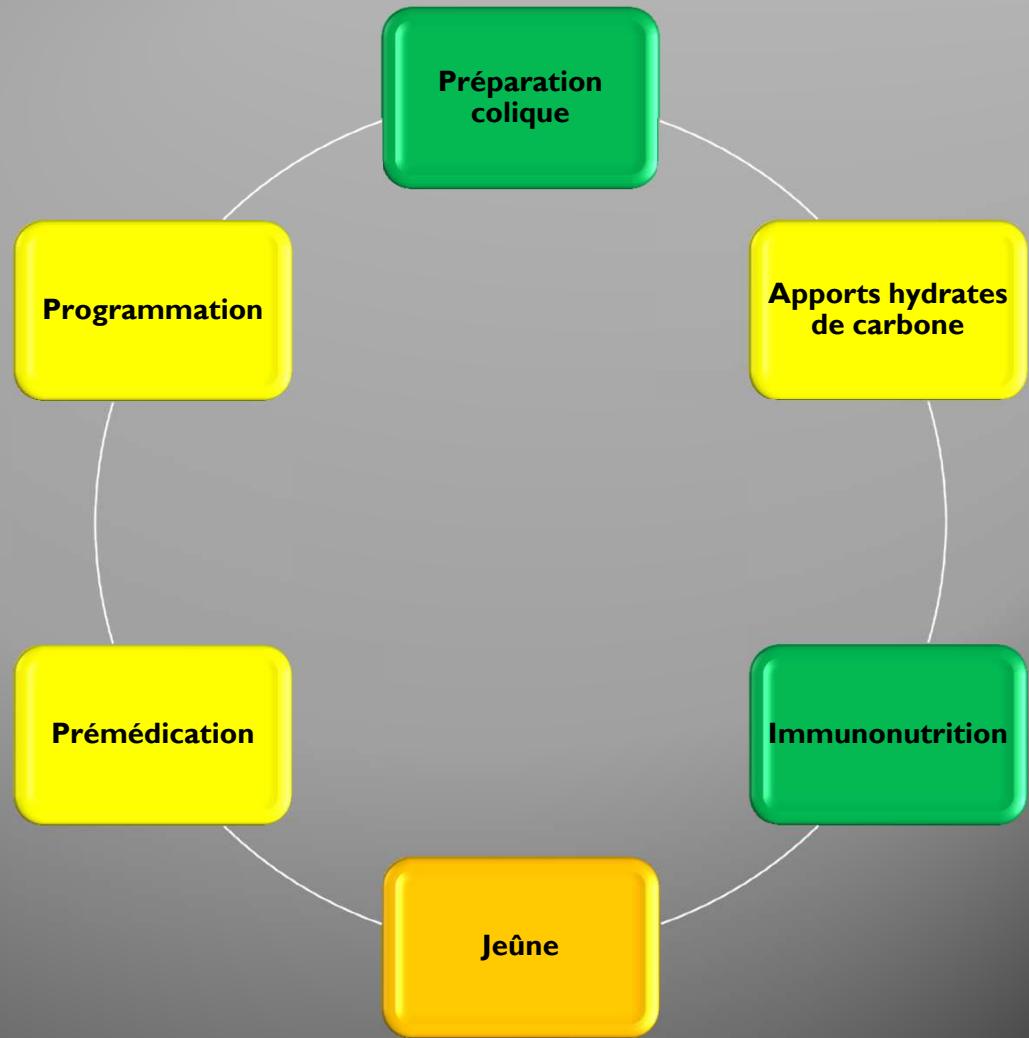
- Exhaustive
- Coordination



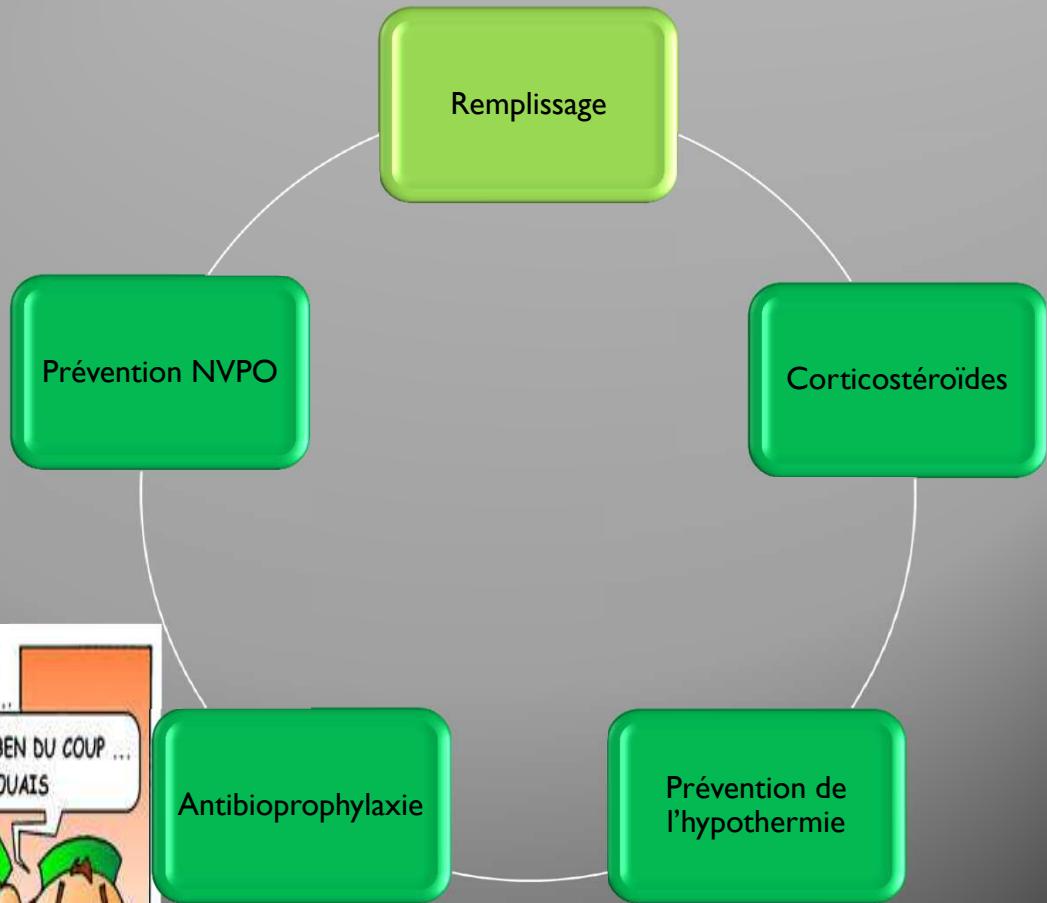
Document

- Non disponible

J-I OU JO



Au bloc



En SSPI



Drains



Analgésie



Prévention
MTEV

...à J0 et J1



Alimentation
Précoce

Lever précoce

Mastication

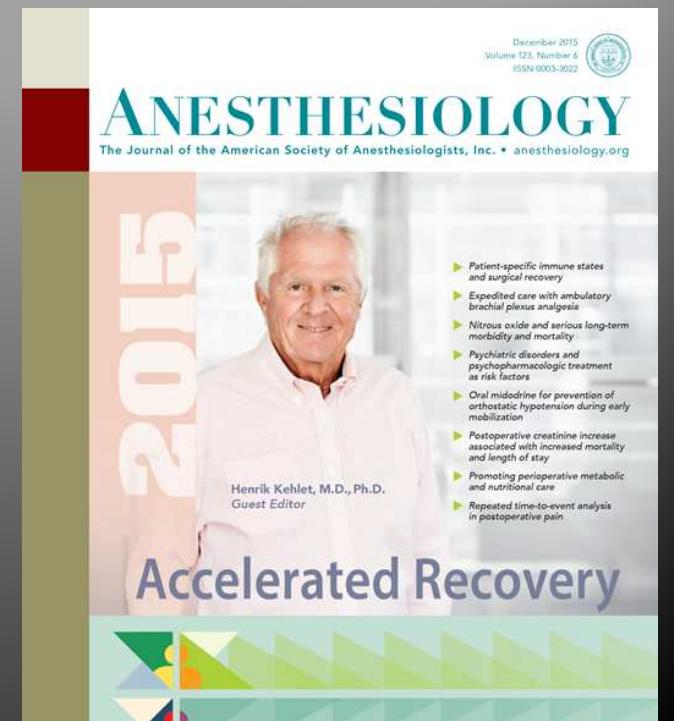
De bonnes résolutions



CONCLUSION

“In summary, the concept of accelerated recovery after surgery and more recently the broader concept of the Perioperative Surgical Home continue to represent a major challenge for anesthesiologists, surgeons, nurses, physiotherapists, hospital administrators, and governments and have a bright although complex future. However, each specialty in isolation cannot solve the problems itself, so a more intensified multidisciplinary collaboration and exchange of experiences across national borders are needed.“

Editorial Vol 123





Merci pour votre attention

- Enhanced Recovery After Surgery (ERAS) for gastrointestinal surgery, part 2: consensus statement for anaesthesia practice. *Acta Anaesthesiol Scand.* 2016 Mar;60(3):289-334.
- Enhanced Recovery After Surgery (ERAS) for gastrointestinal surgery, part 1: pathophysiological considerations. *Acta Anaesthesiol Scand.* 2015 Nov;59(10):1212-31.
- Guidelines for enhanced recovery after elective colorectal surgery. *Ann Fr Anesth Reanim.* 2014 May;33(5):370-84.
- Chewing Gum for Intestinal Function Recovery after Colorectal Cancer Surgery: A Systematic Review and Meta-Analysis. *Gastroenterol Res Pract.* 2017;2017:3087904.
- Programme de récupération améliorée après chirurgie. HAS Juin 2016
- www.erassociety.org
- Fast-track colorectal surgery. Kehlet H. *Lancet.* 2008 Mar 8;371(9615):791-3